

# Cross SP (sprint)

## WYNIKI

Poz	Numer	Uczestnik	Klub	Kategoria	Czas	Poz Płeć	Poz Kat.	Pływanie	T1	Rower	T2	Bieg
1	41	DAWID PRZYBYLSKI	KKK DZIKI TEAM KWIDZYŃ	OPEN M	01:13:26	1 1	1					
2	12	PIOTR WITKOWSKI	CSSG KĘTRZYN	OPEN M	01:18:05	2 2	2	00:09:20	00:01:18	00:47:38	00:01:10	00:18:37
3	74	WOJCIECH ROGOWICKI	200procenttetna	OPEN M	01:19:54	3 3	3	00:07:47	00:01:24	00:48:06	00:01:12	00:21:22
4	38	ROBERT DIMITROW		M 30	01:20:19	4 1	1	00:11:22	00:01:24	00:45:46	00:01:08	00:20:36
5	84	ARTUR KIELAK	TRIATHLETES PERFORMAN	M 20	01:20:25	5 1	1	00:09:33	00:01:19	00:48:56	00:01:19	00:19:16
6	42	KRYSTIAN DOLEŻEK		M 40	01:20:55	6 1	1	00:08:40	00:01:16	00:50:03	00:01:12	00:19:40
7	7	MAREK KUCHARSKI	ZAWSZEDOCELU	M 40	01:21:56	7 2	2	00:10:24	00:01:44	00:48:03	00:01:20	00:20:22
8	53	SEBASTIAN SZARMACHER	SCHULO TEAM	M 30	01:22:13	8 2	2	00:10:07	00:01:06	00:51:04	00:00:47	00:19:06
9	108	SEBASTIAN HOLENDER	OLSZTYN	M 40	01:25:23	9 3	3	00:08:47	00:01:20	00:52:09	00:01:12	00:21:52
10	82	PIOTR TARTANUS	POWER TRAINING	M 50	01:26:02	10 1	1	00:08:37	00:01:35	00:49:47	00:01:03	00:24:58
11	77	MACIEJ ZAKRZEWSKI	WARSZAWA WILANÓW	M 40	01:26:31	11 4	4	00:10:29	00:01:03	00:51:27	00:01:18	00:22:11
12	63	ŁUKASZ SADLAK	3LIFE TEAM	M 30	01:28:57	12 3	3	00:11:37	00:01:25	00:50:50	00:01:28	00:23:34
13	39	WIESŁAW ZALEWSKI	MLEKPOL TEAM	M 50	01:29:45	13 2	2	00:11:33	00:01:42	00:54:13	00:01:22	00:20:51
14	36	MAREK WOLSKI		M 30	01:30:06	14 4	4	00:10:56	00:02:17	00:53:15	00:01:08	00:22:28
15	4	JACEK HORSZCZARUK	JOŹIN Z BAŹIN	M 50	01:30:13	15 3	3	00:10:22	00:01:22	00:54:35	00:01:20	00:22:31
16	83	MICHAŁ WINIARSKI	KONDYCJA PIASECZNO	M 30	01:30:50	16 5	5	00:09:53	00:02:49	00:56:17	00:01:55	00:19:53
17	34	MICHAŁ FOLTYNIEWICZ	BŁĄŻEJA	M 30	01:31:49	17 6	6	00:12:38	00:01:53	00:51:54	00:01:22	00:23:59
18	37	BŁĄŻEJ ZACHCIAŁ	BŁĄŻEJA	M 30	01:32:26	18 7	7	00:10:20	00:01:38	00:55:03	00:01:14	00:24:08
19	107	ZUZANNA CAKAŁA		OPEN K	01:32:31	1 1	1	00:10:46	00:02:26	00:55:42	00:01:43	00:21:50
20	40	DAMIAN KURKOWIAK		M 30	01:32:32	19 8	8	00:12:34	00:01:59	00:56:25	00:01:08	00:20:22
21	23	ŁUKASZ WRÓBLEWSKI		M 40	01:32:40	20 5	5					
22	58	ANDRZEJ RUDZIŃSKI	JONKOWO SPORT	M 40	01:32:50	21 6	6	00:09:54	00:02:00	00:58:08	00:00:54	00:21:52
23	18	AGNIESZKA MATWIEJUK	TRINITY TRIATHLON TEAM	OPEN K	01:33:55	2 2	2	00:11:04	00:01:45	00:56:59	00:01:03	00:23:02
24	48	PAWEŁ SZWAJKOWSKI		M 40	01:33:57	22 7	7	00:13:38	00:02:06	00:54:27	00:01:04	00:22:39
25	43	MICHAŁ HAJDERA		M 20	01:34:02	23 2	2	00:12:08	00:05:12	00:54:28	00:01:12	00:20:59
26	24	CZAREK ŚLEDZIEWSKI		M 50	01:34:30	24 4	4	00:10:12	00:02:12	00:59:32	00:01:23	00:21:09
27	106	ROMAN KOŁECKI	SZCZYTNO	M 40	01:35:22	25 8	8	00:10:42	00:03:41	00:56:06	00:01:45	00:23:06
28	86	ANDRZEJ NOWAK	TEMPO MŁAWA	M 60+	01:35:48	26 1	1	00:12:08	00:02:41	00:53:46	00:01:42	00:25:29
29	3	BARBARA SKACZKOWSKA		OPEN K	01:36:27	3 3	3	00:12:42	00:01:35	00:57:52	00:01:20	00:22:55

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Poz	Numer	Uczestnik	Klub	Kategoria	Czas	Poz Pleć	Poz Kat.	Pływanie	T1	Rower	T2	Bieg
30	71	MICHAŁ ILCZUK	POWER TRAINING	M 30	01:36:44	27	9	00:12:19	00:01:33	00:54:25		
31	60	KAROLINA NAPIÓRKOWSKA	TRENIGO	K 40	01:37:09	4	1	00:12:04	00:01:46	00:59:42	00:00:56	00:22:38
32	55	MAREK SZEWS	AKADEMIA MISTRZÓW SPO	M 40	01:37:34	28	9	00:10:58	00:02:22	00:56:14	00:01:17	00:26:41
33	65	JAKUB GALICKI	AKADEMIA MISTRZÓW SPO	M 40	01:37:53	29	10	00:11:42	00:02:58	00:56:34	00:01:25	00:25:11
34	25	PIOTR KUŁAK	BISKUPIEC BIEGA THE BES`	M 50	01:38:01	30	5	00:12:11	00:01:09	00:59:12	00:01:28	00:23:57
35	72	BOGDAN SZCZEPUCHOWSKI	NIDZICA BIEGA	M 50	01:38:07	31	6	00:13:02	00:01:46	00:54:03	00:01:21	00:27:53
36	54	PAWEŁ ZAJĄCZKOWSKI	POWER TRAINING	M 30	01:38:15	32	10	00:13:53	00:03:11	00:58:48	00:01:29	00:20:50
37	62	MAXIMILIAN JAESCHKE		M 20	01:38:36	33	3	00:12:16	00:04:38	00:57:45	00:01:08	00:22:45
38	50	ALEKSANDER GIETKA		M 30	01:38:52	34	11	00:08:32	00:04:19	00:57:12	00:01:15	00:27:31
39	68	MICHAŁ MROTEK	AKADEMIA MISTRZÓW SPO	M 40	01:39:11	35	11					
40	64	ANNA FOLTYNIEWICZ-WOLSKA	BŁAŻEJA	K 30	01:39:20	5	1	00:13:25	00:01:45	01:00:50	00:00:59	00:22:18
41	9	MICHAŁ PTAK	SPARTA BISKUPIEC	M 40	01:39:28	36	12	00:11:26	00:02:50	00:58:55	00:01:49	00:24:25
42	96	KACPER PICHAL	SZCZYTNO	M 20	01:39:46	37	4	00:11:13	00:00:51	00:58:58	00:01:00	00:27:41
43	31	KATARZYNA CZARZASTA	KGB	K 20	01:41:36	6	1					
44	76	MACIEJ MAGNUSZEWSKI	453	M 30	01:41:43	38	12	00:12:51	00:03:07	00:58:30	00:01:12	00:26:00
45	10	JOANNA ORZOLEK	SPARTA BISKUPIEC	K 30	01:41:49	7	2	00:13:42	00:02:26	01:00:22	00:01:22	00:23:55
46	5	MARCIN WASZKIEWICZ	SĄ WOLNIEJSI	M 30	01:41:57	39	13	00:15:51	00:02:55	01:00:13	00:01:03	00:21:53
47	101	KATARZYNA MROTEK	AMS KRUSZYN KRAJEŃSKI	K 40	01:42:09	8	2	00:11:22	00:00:45	01:05:39	00:00:51	00:23:29
48	67	PRZEMYSŁAW ŁACIŃSKI		M 30	01:42:13	40	14	00:13:12	00:02:04	00:59:44	00:01:00	00:26:08
49	32	MAŁGORZATA CICHA	BŁAŻEJA	K 30	01:42:17	9	3	00:15:28	00:02:58	00:57:05	00:01:07	00:25:37
50	80	AMELIA MARIAŃSKA		K 20	01:42:19	10	2	00:11:15	00:04:04	01:00:58	00:01:40	00:24:19
51	8	MARCIN PALCZEWSKI		M 40	01:42:33	41	13	00:12:43	00:03:09	01:00:44	00:01:04	00:24:50
52	13	AGNIESZKA WITKOWSKA		K 40	01:42:59	11	3	00:13:52	00:01:30	01:03:07	00:01:06	00:23:20
53	89	SZYMON KSENIAK		M 40	01:43:50	42	14	00:10:15	00:04:41	00:57:55	00:03:34	00:27:23
54	35	SEBASTIAN ROSA	BŁAŻEJA	M 30	01:43:53	43	15	00:15:20	00:03:01	00:55:36	00:01:11	00:28:42
55	14	BARTOSZ KUREK		M 30	01:43:59	44	16	00:11:33	00:03:00	00:58:08	00:02:19	00:28:55
56	57	PAWEŁ TRZEPIOTA		M 30	01:44:04	45	17	00:09:42	00:02:09	00:55:37	00:01:35	00:34:57
57	73	TOMASZ FILIPOWICZ	8BRT WP	M 40	01:44:12	46	15	00:14:12	00:02:38	00:58:23	00:02:06	00:26:51
58	49	MARCIN WASILEWSKI	LUŻNE GATKI	M 40	01:44:31	47	16	00:15:42	00:03:16	00:55:53	00:02:02	00:27:35

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Poz	Numer	Uczestnik	Klub	Kategoria	Czas	Poz	Płeć	Poz Kat.	Pływanie	T1	Rower	T2	Bieg
59	87	EWELINA SANKOWSKA		K 40	01:44:50	12		4	00:10:40	00:02:04	01:05:46	00:01:05	00:25:11
60	69	KATARZYNA BRÓZDA		K 40	01:45:29	13		5	00:11:47	00:03:05	01:03:44	00:01:39	00:25:10
61	19	TOMASZ RYDZANOWSKI	SPARTA BISKUPIEC/EGGER	M 50	01:45:35	48		7	00:16:12	00:02:42	00:58:48	00:01:25	00:26:24
62	6	WIOLETTA KUCHARSKA	ZAWSZEDOCELU	K 40	01:46:32	14		6	00:16:25	00:01:50	00:59:53	00:01:40	00:26:41
63	11	JAN PROĆ		M 50	01:47:30	49		8	00:15:30	00:04:16	00:58:22	00:01:21	00:27:58
64	79	MAGDALENA JASKÓŁKA	POWER TRAINING	K 40	01:48:31	15		7					
65	109	MAREK OLSZEWSKI	KLUB BIEGACZA LIDZBARK	M 50	01:48:55	50		9	00:18:43	00:03:13	01:00:11	00:01:26	00:25:19
66	20	PRZEMYSŁAW ZIMNY	SPARTA BISKUPIEC	M 40	01:48:59	51		17	00:19:29	00:02:09	01:00:24	00:01:11	00:25:43
67	51	MICHAŁ KWIETNIEWSKI		M 40	01:49:20	52		18	00:12:25	00:05:11	01:04:53	00:00:59	00:25:49
68	22	MARTA KOZŁOWSKA	KS PRZAŚNIK	K 20	01:50:27	16		3	00:13:18	00:03:27	01:06:24	00:00:49	00:26:25
69	16	GRZEGORZ LUKOWSKI	RODZINNY TEAM ŚRODKOV	M 40	01:50:48	53		19	00:12:02	00:03:10	01:00:52	00:02:19	00:32:22
70	44	PIOTR PAWLACZYK		M 20	01:51:03	54		5	00:14:44	00:02:43	00:59:44	00:02:27	00:31:23
71	45	PIOTR ZIĘTEK		M 30	01:51:20	55		18	00:12:28	00:03:49	01:04:35	00:01:46	00:28:40
72	70	MARIA GRABOWSKA	FUNDACJA AKTYWNE TRZE	K 50	01:51:59	17		1					
73	78	PAWEŁ ROSA		M 20	01:53:43	56		6	00:15:03	00:04:25	01:04:15	00:01:15	00:28:43
74	88	KAMILA MAGA-WOJSYK		K 30	01:58:23	18		4	00:17:33	00:02:35	01:09:41	00:01:23	00:27:08
75	104	ANDRZEJ DĄBROWSKI		M 50	01:58:28	57		10	00:13:09	00:04:58	01:05:14	00:02:24	00:32:39
76	33	RENATA KONARZEWSKA		K 30	02:00:42	19		5	00:17:14	00:02:20	01:05:55	00:02:07	00:33:04
77	75	MONIKA SIENKIEWICZ		K 40	02:00:43	20		8	00:15:41	00:02:59	01:11:21	00:01:04	00:29:35
78	47	PAWEŁ SITKOWSKI	SITKOWSKI TEAM	M 40	02:05:23	58		20	00:14:34	00:02:57	01:12:42	00:01:20	00:33:47
79	17	EWA JANUSZEWSKA	SOKÓŁ BODZANOW	K 40	02:07:50	21		9	00:14:43	00:03:47	01:10:11	00:01:35	00:37:30
80	56	MARCIN PYJOS	ATOS	M 40	02:20:24	59		21	00:17:16	00:03:24	01:15:54	00:02:34	00:41:12